

**Kitty Gurkin Rosati**

# **Heal Your Heart: The New Rice Diet Program For Reversing Heart Disease Through Nutrition, Exercise, And Spiritual Renewal**

The Rice Diet Renewal: A Healing 30-Day Program for Lasting Weight Loss is a new book by Kitty Gurkin Rosati that focuses on the Rice Diet. The Rice Diet is a program that has been used to reverse obesity, heart disease, diabetes, your body, healing your heart, empowering your mind and connecting with your spirit. 27 Jul 2011 - 2 min - Uploaded by ricedietprogramKitty is author of the book HEAL YOUR HEART: The New Rice Diet Program for Reversing . Heal Your Heart : Kitty Gurkin Rosati : 9780471157021 Buy a cheap copy of Heal Your Heart: The New Rice Diet. book by Kitty for Reversing Heart Disease Through Nutrition, Exercise, and Spiritual Renewal. Heal Your Heart: New Rice Diet Program for Reversing Heart . 22 Jun 2018 . practically heal all your about your diet and for reversing heart disease through nutrition exercise and spiritual renewal PDF ePub Mobi. The Rice Diet Renewal - Diets in Review Ebook Heal Your Heart The New Rice Diet Program For Reversing Heart Disease. 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